## **Muhammad Arif**

## List of Publications:

- Nutritional evaluation of common buckwheat of four different villages of Gilgit-Baltistan. Faizullah Khan, **Muhammad Arif**, Tariq Ummar Khan, Muhammad Iqbal Khan and Javed Abbas Bangash. (ARPN Journal of Agricultural and Biological Science Vol.8, No. 3, March 2013).
- Nutritional status assessment and dietary intake of the cardiovascular disease patients. Rattan Kaur Chawla, Niamatullah and **Muhammad Arif**. (ARPN Journal of Agricultural and Biological Science Vol.8, No. 2, February 2013).
- Preparation and evaluation of gluten free ready to serve buckwheat product. Faizullah Khan, Alam Zeb, **Muhammad Arif**, Javid Ullah and Said Wahab. (ARPN Journal of Agricultural and Biological Science Vol.7, No. 8, August 2012).
- Iodine status of children (8-11 Years) in District Peshawar. **Muhammad Arif,** Javed Abbas Bangash and Faizullah Khan. (ARPN Journal of Agricultural and Biological Science Vol.8, No. 6 August 2011).
- Quality assessment of different Iron fortified wheat flours. **Muhammad Arif,** Javed Abbas Bangash, Faizullah Khan and Hamida Abid. (Pakistan Journal of Biochemistry and Molecular Biology Vol 43, No 4, December 2010).
- Effect of soaking and malting on the selected nutrient profile of barley. **Muhammad Arif**, Javed Abbas Bangash, Faizullah Khan and Hamida Abid. (Pakistan Journal of Biochemistry and Molecular Biology Vol 44, No 1, March 2011).
- Proximate composition, minerals and vitamin content of selected vegetables grown in Peshawar. Javed Abbas Bangash, **Muhammad Arif**, Faizullah Khan, Faridullah Khan, Amin-ur-Rehman and Iqbal Hussain. (Journal of Chemical Society of Pakistan Vol 33, No 1, February 2011).
- Effect of season and soil concentration on the uptake of minerals in Spinacea Oleracea. Javed Abbas Bangash, **Muhammad Arif**, Faizullah Khan, Faridullah Khan, and Iqbal Hussain. (Journal of Chemical Society of Pakistan Vol 33, No 2, April 2011).
- Medicinal significance of vegetables cultivated over mineral supplemented soil. Javed Abbas Bangash, Abdus Sattar Khan, **Muhammad Arif**, Faizullah Khan and Faridullah Khan. (Pakistan Journal of Biochemistry and Molecular Biology Vol 43, No.2, June 2010).

- Enrichment of some summer season vegetables with selected minerals that may potentially act as hypoglycemic agents. Javed Abbas Bangash, Abdus Sattar Khan, **Muhammad Arif**, Faizullah Khan and Faridullah Khan. (ARPN Journal of Agricultural and Biological Science Vol.5 No.6 November, 2010).
- Effect of season and soil concentration on the uptake of minerals in Portoluca Oleracea (Javed Abbas Bangash, **Muhammad Arif**, Faizullah Khan, Faridullah Khan, and Iqbal Hussain. (ARPN Journal of Agricultural and Biological Science Vol. 6, No.6 June 2011).
- Preparation and Nutritional evaluation of a value added product from barley. **Muhammad Arif**, Faizullah Khan, Saeed Akhtar and Tariq Masood.(Advances in Food Sciences Vol.36; No.1, 2014)
- Nutritional evaluation of malt flour and its preparation at household level. **Muhammad Arif,** Saeed Akhtar and Tariq Masood. (Advances in Food Sciences Vol.36; No.2, 2014)